ROSCOE GYM SCHEDULE

MAY 2024



SUN	MON	TUE	WED	THU	FRI	SAT
SUN 10:00-11:45am Pickleball (walk-in)	MON 5:30-6:30am Group Exercise 6:45-7:45am Open Gym 7:45-11:00am Group Exercise 11:00-12:00pm Pedaling for Parkinson's 12:15-2:30pm Open Gym 2:30-5:00pm	TUE 5:30-6:30am Group Exercise 6:45-8:45am Open Gym 8:45-11am Group Exercise 11:00-12:00pm Open Gym 12:00-2:00pm Pickleball (walk-in) 2:00-2:30pm Open Gym 2:30-5:15pm Open Gym (half) 5:15-7:00pm	5:30-6:30am Group Exercise 6:45-7:45am Open Gym 7:45-11am Group Exercise 11:00-12:00pm Pedaling for Parkinson's 12:15-2:30pm Open Gym 2:30-5:00pm Open Gym (half)	5:30-6:30am Group Exercise 6:45-8:45am Open Gym 8:45-11:00am Group Exercise 11:00-12:00pm Open Gym 12:00-2:00pm Pickleball (walk-in) 2:00-2:30pm Open Gym 2:30-5:15pm Open Gym (half)	FRI 5:05-6:30am Group Exercise 6:30-7:45am Open Gym 7:45-11:00am Group Exercise 11:00-12:00pm Pedaling for Parkinson's 12:15-2:30pm Open Gym 2:30-6:00pm Open Gym (half)	SAT 6-10:45am Group Exercise 10:45-12:00pm Open Gym
	2:30-5:00pm Open Gym (half) 5:00-8:00pm Group Exercise	5:15-7:00pm <i>Group Exercise</i> 7:00-7:45pm	5:00-7:00pm <i>Group Exercise</i> 7:00-7:45pm	5:15-7:00pm Group Exercise	6:00-6:45pm <i>Open Gym</i>	
		Open Gym	Open Gym 5/29 11:30-1:00pm Potluck Luncheon No Open Gym	7:00-7:45pm <i>Open Gym</i>		