



BARRE @ THE BAR

HOSTED AT G5 BREWING COMPANY

21+
EVENT

OCTOBER 1, 2023
@ 9:00am

Join us Sunday, October 1st for Barre at the Bar hosted at G5 Brewing Company! Enjoy a 45 minute Barre class with Stateline Family YMCA Instructor Erin while sipping a Bloody Mary or Mimosa! Stay after and enjoy beverage and food specials crafted by G5 Brewing Company's talented staff! Non-alcoholic options will also be made available.

What is SoulBody Barre Unhitched?

SoulBody Barre Unhitched delivers ALL of the same body-sculpting benefits as Barre, but with a weighted bar, challenging balance and core stability with "centered" bar(re) work!

Rain or Shine!

This event will be hosted outside on the G5 Brewing Company's patio, however, if weather conditions are less than ideal we will host the class inside at G5.

\$25 per person

includes event ticket and one beverage!

