

GYMNASTICS FAQ's



PRESCHOOL AND PROGRESSIVE PROGRAMS

GYMNASTICS CENTER

1239 Huebbe Parkway
Beloit, WI 53511
608-312-2357

HOW DO I KNOW WHAT CLASS TO PUT MY CHILD IN?

All our progressive classes are categorized by age & skill-level

Entry level classes are:

- 2-3-year old's – Parent/Child
- 4-5-year old's – Tumble Tots
- 6-9-year old's – Rollers or Beginner Boys program
- 10 & up – Bronze Rec (for beginner & intermediate)

HOW CAN I REGISTER FOR A PROGRAM?

Whatever is most convenient for you!

- Online at www.statineymca.org
- Over the phone at 608-365-2261
- At any of our Branches: Ironworks, Roscoe or Gymnastics Center*

**Please note our Gymnastics Center isn't always staffed for drop-in registrations. It's best to come into Ironworks or Roscoe if wanting to register in-person. Registration is open 2 weeks prior to the session start date.*

- Through our YMCA360 App

WHEN CAN I REGISTER FOR CLASS?

Registration opens 2 weeks before the session starts. We have a new session about every two months, and the dates are listed on the Youth & Preschool flyers and on our website.

It's recommended to start at the beginning of the session so the child can get full benefit of the class. However, if wanting to start half-way through the session, please contact Kristin Demann at kdemann@statineymca.org.

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DO YOU HAVE AUTO-DRAFT FOR CLASSES STILL?

Effective January 2022, we have stopped auto-enrollment for our preschool and youth classes. Each gymnast must be re-registered for every session; mark the registration dates on your calendar and keep your eyes on social media for reminders! Classes are filled on a first come, first served basis.

CAN MY CHILD TRY OUT A CLASS BEFORE REGISTERING?

We know kids will LOVE gymnastics, so there are no "try-out" classes. Additionally, we have ratios we adhere to and want to keep each class consistent throughout the session. If your child does not like it after the first class, we can issue a refund for the remainder of the session; to assure this refund is approved, the Refund Form must be filled out within 72 hours after the child's first class. This can be found at the front desk or can be emailed to Kristin at kdemann@statelineymca.org.

WHAT SHOULD MY CHILD WEAR OR BRING TO CLASS?

- Something comfortable! If they do not own a leotard, athletic shorts or leggings with a shirt or tank top work great. Please do not wear anything with buttons, zippers, or strings.
- Please no jewelry, gum, jeans, skirts or 2-piece outfits --stomach must be covered. Hair should be out of the face.
- A water bottle – please make sure to take your water bottle home with you
- Participants cannot wear shoes in class. They are welcome to wear socks or go barefoot.

WHAT DO WE EXPECT WHEN WE COME IN FOR THE FIRST TIME?

- When you walk in, you can then proceed to the cubby room where the gymnast will put his/her socks, shoes, and anything else they may not need for class. After belongings are stowed, continue into the gymnastics room, and please wait on the cement until class begins and your gymnast's instructor calls them in
- Water bottles can go in front of the mirror for easy access during drink breaks.
- Parents/guardians can sit upstairs on our mezzanine to watch

ARE THERE MAKE-UP CLASSES IF WE MISS A CLASS?

There are no make-up classes. There are no refunds/credits for missed classes –the only exception would be if the YMCA had to cancel a class.

HOW WILL I KNOW WHEN MY CHILD IS READY TO MOVE ONTO THE NEXT LEVEL?

Effective 2022: Our instructors will do 2-3 full skill evaluations each year.

The child's instructor will let the parent and child know when they are ready for the next level. The instructors will make sure they have all the necessary skills before they are ready for the next class.

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At the end of each session, the instructor will let the child know what to keep working on and what they are doing well. It is important for instructors to spend majority of their classes focusing on improving their skills rather than always evaluating. Our instructors will connect with you prior to the next registration if your child is ready to move to a different class!

If you haven't heard if your child is moving to the next level, please re-register them for the same level for the next session. It is common for gymnasts to remain in the same level for multiple sessions.

If you'd like to know what your child is missing, feel free to talk with your child's coach after class. Please understand, each child will progress at different rates.

For safety reasons, if your child is missing key skills or strength, we will continue to keep them in their same level until they can safely move up.

CAN WE ATTEND 2X/WEEK?

Yes, you can. Just simply sign up for both days you want your gymnast to attend. For Parent/Child and Tumble Tots, we recommend once/week due to the lesson plans – however, if you don't mind your child doing the same circuit twice/ week, then by all means – register for 2x/week!

CAN YOU TELL ME WHO MY CHILD'S INSTRUCTOR WILL BE? AND DO THE INSTRUCTORS VARY THROUGHOUT THE SESSION?

Yes, we can! Please contact Kristin at kdemann@statelineymca.org if you'd like to know. We try our very best to make sure classes each week have the same instructor to build trust with the athletes. If a sub is required, our subs are provided with a lesson plan and will do their very best to ensure your child has a great class while their usual instructor isn't there.

ARE BOYS ABLE TO TAKE ROLLERS, SWINGERS, KIPPERS?

Yes, they are. However, during these classes – the instructors focus on the 4 women events (vault, bars, beam, floor). It is recommended that they participate in the Boys Class (when available), as they will focus on the 6 men's events (rings, mushroom, floor, vault, bars, parallel bars).

IS THERE OPEN GYM?

We do not currently have open gyms scheduled throughout the sessions. However, we offer skill clinics every-other month and Preschool Open Gym's for ages 1-5. Information can be found on the website!

DO YOU SELL LEOTARDS?

We have a rack where families can donate gently used Leo's. We re-sell them for \$5. The inventory solely depends on the donations we receive.

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CAN I DROP MY CHILD OFF FOR CLASS OR DO I NEED TO STAY?

- Preschool participants (ages 2-5) must have a guardian stay in the building during their class.
- Youth participants (ages 6 & up) can be dropped off. We do encourage parents/guardians to stay to watch! If dropping off, please pick up on-time, and communicate with your child to stay inside the building until you have arrived.

DO YOU CANCEL WHEN THERE IS INCLEMENT WEATHER OR FOR OTHER REASONS?

If we end up canceling a class, we will send out an email to all participants and a text or call. Please make sure you have the best number & email we should contact updated on your account.

For any other questions, please contact Kristin Demann at kdemann@statelineymca.org.