IRONWORKS GYM SCHEDULE

OCTOBER 2024



| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|--|--|--|--|---|---|
| | 8:45am-9:30am <i>Y's Way</i> | 7:30-10:30am YMCA Pickleball (All Courts Used) | 8:45am-9:30am <i>Y's Way</i> | 7:30-10:30am YMCA Pickleball (All Courts Used) | 8:45am-9:30am <i>Y's Way</i> | 6:00-8:00am* YMCA Pickleball (North Court - divider will be down) |
| | 11:45-2:00pm YMCA Pickleball (All Courts Used) | 11:00-11:45 pm Silver Sneakers | | 11:00-11:45pm Silver Sneakers | 11:00am-12:45am YMCA Pickleball (All Courts Used) | Open Shooting Basketball (South Hoop) 8:00-11:00am* YMCA Pickleball (All Courts Used) |
| | | *TUES. & THURS. 10/8-10/30 5:30-7:15pm Youth Dodgeball program (prior registration required) | 7:00-8:30pm Pickleball (North Court) | *TUES. & THURS. 10/8-10/30 5:30-7:15pm Youth Dodgeball program (prior registration required) | *OCTOBER 18 3:00-5:30pm North court ONLY. Open Shooting only; no full-court games. 5:30-7:00pm GYM CLOSED | Group Exercise |