



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HAVE FUN, STAY SAFE

Policy Guide
Stataline Family YMCA



CODE OF CONDUCT

- All persons entering the YMCA should represent our Core Values of Caring, Honesty, Respect and Responsibility.
- All persons using our facilities or grounds are expected to follow all safety standards set forth by the Stataline Family YMCA, to include all YMCA policies and procedures.
- All persons using equipment at the YMCA, are required to properly clean it before and after their use.
- Physical or verbal abuse, sexual innuendo or display, or offensive behavior of any kind is unacceptable and will not be tolerated.
- YMCA staff reserve the right to determine if any conduct or language is inconsistent with the YMCA's mission and to act accordingly if an individual is not behaving appropriately. Action taken to address behavior may include loss of privileges and/or membership if deemed necessary.
- Members may not grant access to the facility through ANY entrance. All individuals must use the main entrance and scan-in at the front desk. Adults 18 and older may use the Spine Rd. door at the Ironworks branch by scanning their Stataline Family YMCA barcode during posted times.
- The YMCA is a smoke, vape, drug and alcohol-free facility. This also includes its grounds. The possession or sale of any drugs or drug paraphernalia will lead to prosecution to the fullest extent of the law.
- Persons responsible for any loss of or damage to Y property or that of members, volunteers or staff will be held personally & financially liable.
- Programs and schedules are subject to change.



SEX OFFENDER

The protection of members, volunteers and guests who are participating in programs or are using YMCA facilities is of paramount concern to the Board and Staff of the Stataline Family YMCA. The Y regularly reviews sex offender registries and denies access and/or membership to any person the Y learns is a registered sex offender.



YMCA CHECK-IN

- Members and program participants must present their YMCA membership or participant card at the front desk each time they visit the Y.
- Members with a balance due will not be able to use the facility until the balance is paid.



MEMBERSHIP PAYMENTS

- \$25 Non-Refundable Fee applies to any returned Electronic Funds Transfer (EFT) and/or credit card payment.
- The best discount or reduced membership rate prevails and cannot be combined with other discounts.
- Membership cancellation forms must be submitted in writing to the Front Desk. You must give a written notice at least 14 days prior to your next draft or you will be charged for the upcoming month.
- Members will be required to show proof of cancellation if disputing any charges on personal account.



PHOTO NOTICE

The Y may take pictures and videos of various activities for promotional use. Please let us know if you do not wish to be included in these medias.

CHILD/YOUTH AGE REQUIREMENTS



Ages 6 and under

General Facility: **Children ages 6 and under** must be actively supervised at all times by a parent/guardian or responsible adult (18 or older).

Wellness Center: **Children ages 6 and under** are not permitted.

Aquatic Areas: **Children ages 6 and under** Adult must be in the pool/splash pad at all times during family and open swims.

Ages 7-9

General Facility: **Children ages 7-9** must be actively supervised at all times by a parent/guardian or responsible adult (18 or older).

Wellness Center: **Children ages 7-9** are not permitted.

Aquatic Areas: **Children 7-9** Adult (18 or older) must be on the pool deck during family and open swims.

Ages 10-12

General Facility: **Children ages 10-12** are permitted to be at the Y without adult supervision.

Wellness Center: **Children ages 10-12** may utilize the cardio equipment in the Wellness Center with an adult (18 or older) present at all times AFTER they have completed the Youth Wellness Course. Must wear orange lanyard at all times.

Aquatic Areas: **Children 10-12** Adult (18 or older) must be on the pool deck during family and open swims.

Ages 13-17

General Facility: **Children ages 13-17** are permitted to be at the Y without adult supervision.

Wellness Center: **Children ages 13-17** may utilize the cardio and strength equipment in the Wellness Center without an adult present at all times AFTER they have completed the Teen Orientation Course. Must wear orange lanyard at all times.

Aquatic Areas: **Children 13-17** May swim without a guardian present.

Curfew: After 8:30pm all youth 12 and under are not permitted to be at the YMCA.

Unless participating in a staff-supervised program. When children are participating in a program, a parent/guardian or responsible adult (18 or older) must remain on the premises unless otherwise noted.



NATIONWIDE RECIPROcity

Nationwide Membership reciprocity enables you to visit any participating YMCA in the United States, outside of the Stataline Family YMCA area. Must show valid ID and use home branch at least 50% of the time. Check with the YMCA you are visiting for more information.



STAY N' PLAY & HANGOUT SPACES

- Stay n' Play is available for children 6 weeks to 6 years of age at both branches.
- Hangout is available at the Ironworks Branch for children ages 7 to 14 years of age.
- Check our website or contact your branch for specific times.



Use headphones or earbuds while listening to music. Bluetooth speakers and loud music are not permitted in the facility.



DRESS CODE

Stateline Family YMCA is a family-friendly facility that enforces a policy of modesty. The YMCA reserves the right to determine the appropriateness of all attire worn in the facility and request clothing be changed or individuals leave the premises if they do not comply with the dress code.

- Please wear proper gym, swim and workout attire.
- Street shoes are not permitted on the gym floor, pool deck, court surfaces or fitness equipment.
- Sports bras are not permitted to be worn by themselves and must be covered at all times.



WELLNESS CENTER & STUDIOS

- Branch supervisors reserve the right to determine equipment competency and limitations at any time to ensure the safety of participants and members.
- Bags and bulky personal belongings must be kept in a locker.
- Time limits may be required for cardio equipment.
- Weights, dumbbells, and equipment must be returned to storage racks when done.



PERSONAL TRAINING

Based on the recommendations of the National YMCA of the USA, and because personal training services are offered by the YMCA, only Stateline Family YMCA certified personal training staff members will be allowed to utilize YMCA facilities for personal training services.



COMMUNICATION PRIVACY

Your privacy is important to us; therefore, we will not sell, rent or give your name and address to anyone for any reason outside of the Y. The Stateline Family YMCA typically communicates the following information via email, phone call and/or text:

- Exclusive offers, new programs or classes and special events
- Member Satisfaction Surveys
- Facility and membership updates
- Account issues
- E-newsletters



GUESTS

- Stateline Family YMCA members may bring a guest. Please inquire at your branch's Welcome Center to learn more.
- Each Adult membership includes 8 free guest passes per year.
- Guest restrictions and schedules may apply.
- Guests must be accompanied by the member and the member must stay at the facility while the guest is present.
- Guest passes are valid for one day only.
- Only members aged 15 and older may bring a guest to the Y.
- Guests under age 15 must be accompanied by an adult member (18+).



CLASSES & PROGRAMS

- Any class without a minimum number of participants may be subject to cancellation.
- Paid classes or programs cancelled by the Y will be made up or credits or refunds will be issued as determined by the Y.
- Credits must be submitted to and approved by the Program Director.
- Refunds needed due to the individual missing the program will only be given with a doctor's written notice and approval of the Program Director.
- Any other class or program missed by a participant cannot be made up.
- Schedules are subject to change.



POOL RULES

- Please enter and exit the pool area through the locker rooms only.
- Non-swimmers of any age are not permitted in the deep end of the pool.
- Appropriate swim attire must be worn in the pool. Street clothes are not allowed in the pool and shoes are not allowed on the deck.
- Non-toilet trained children are required to wear swim diapers.
- The YMCA only allows coast guard approved flotation devices.
- Any person who needs assistance or a coast guard approved flotation device must have an adult in the water with them at all times.
- To ensure our members' safety, all youth ages 16 and under are required to take a swim test if they wish to swim in the instructional area, use the lily pads or current channel area.
- Y lifeguards reserve the right to test swimming competency of any participant at any time if their ability to safely utilize the deep end of the pool is in question.
- Pool schedule is subject to change.
- Individuals must be 18 or older and have no medical contraindications to use the hot tub/whirlpool.
- Please see additional rules in your new member packet, online and in pool area, prior to using the aquatic areas of the facility.



GYMNASIUM RULES

- Gym shoes are required. Individuals not wearing appropriate footwear will be asked to change their shoes or may be required to sit out or leave the gymnasium.
- Appropriate attire, including shirts, must be worn at all times.
- Bags and bulky personal belongings must be kept in a locker.
- Equipment must be respected and kept in quality working condition.
- No dunking or hanging on the rims or nets.
- No food or drink, apart from water in a covered container, is permitted in the gymnasium.
- Appropriate, family-friendly language must be used at all times. Absolutely no profanity or inappropriate language will be tolerated.
- At times, the gymnasium may be used for other scheduled programming. Check the gym schedule at your branch or on our website to be sure open gym is available.



SAUNA RULES

- Electric saunas are available for use in our 21 and older locker rooms at the Ironworks branch.
- In order to use the sauna, individuals must be 21 or older and have no medical contraindications for use.
- Absolutely NO WATER shall be poured on the sauna units. This will result in a damaged unit.
- The temperature of the sauna should stay at 165 degrees Fahrenheit for the safety of all members.
- Please do NOT block the vents with any materials.
- Any manipulation of the vents and/or temperature will result in the sauna being shut down.



LOCKER ROOM

- Clothing and other personal belongings not in use may be stored in the lockers provided by the Y.
- Locks should not be left on daily-use lockers and will be removed.
- Please store your personal belongings in a locked locker (bring your own lock). The YMCA is not responsible for any items stolen in the facility or from the grounds.
- Adult locker rooms are for those 21 and older. All other members must use our family locker room.
- Please change inside the private stalls while using the family locker room.



Cell phone, camera or video camera use is strictly forbidden in the locker rooms and rest rooms.