

ROSCOE GYM SCHEDULE

OCTOBER 2024



SUN	MON	TUE	WED	THU	FRI	SAT	
10:00-11:45am <i>Pickleball</i> <i>(walk-in)</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:05-6:30am <i>Group Exercise</i>	6-10:45am <i>Group Exercise</i>	
	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	10:45-12:00pm <i>Open Gym</i>	
	7:45-11:00am <i>Group Exercise</i>	8:45-11am <i>Group Exercise</i>	7:45-11am <i>Group Exercise</i>	8:45-11:00am <i>Group Exercise</i>	7:45-11:00am <i>Group Exercise</i>		
	11:00-12:00pm <i>Pedaling for Parkinson's</i>	11:00-12:00pm <i>Open Gym</i>	11:00-12:00pm <i>Pedaling for Parkinson's</i>	11:00-12:00pm <i>Open Gym</i>	11:00-12:00pm <i>Pedaling for Parkinson's</i>		
	12:15-2:30pm <i>Open Gym</i>	12:00-2:00pm <i>Pickleball (walk-in)</i>	11:00-12:00pm <i>Pedaling for Parkinson's</i>	12:00-2:00pm <i>Pickleball (walk-in)</i>	12:15-2:30pm <i>Open Gym</i>		
	2:30-5:00pm <i>Open Gym (half)</i>	2:00-2:30pm <i>Open Gym</i>	12:15-2:30pm <i>Open Gym</i>	2:00-2:30pm <i>Open Gym</i>	2:30-5:15pm <i>Open Gym (half)</i>		
	5:00-8:00pm <i>Group Exercise</i>	2:30-5:15pm <i>Open Gym (half)</i>	2:30-5:00pm <i>Open Gym (half)</i>	2:30-5:00pm <i>Open Gym (half)</i>	2:30-6:00pm <i>Open Gym (half)</i>		
		5:15-7:00pm <i>Group Exercise</i>	5:00-7:00pm <i>Group Exercise</i>	5:00-7:00pm <i>Group Exercise</i>	5:15-7:00pm <i>Group Exercise</i>	6:00-6:45pm <i>Open Gym</i>	
		7:00-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>	*OCTOBER 18 4:45-7:00pm <i>Zumbathon - free and open to ALL. Join the fun!</i>	

Schedule subject to change. All other times are open for basketball.

statelineymca.org/schedules