

ROSCOE GYM SCHEDULE

NOVEMBER 2024



SUN	MON	TUE	WED	THU	FRI	SAT
10:00-11:45am* <i>Pickleball</i> <i>(walk-in)</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:30-6:30am <i>Group Exercise</i>	5:05-6:30am <i>Group Exercise</i>	6-10:45am <i>Group Exercise</i>
	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:45-7:45am <i>Open Gym</i>	6:45-8:45am <i>Open Gym</i>	6:30-7:45am <i>Open Gym</i>	10:45-12:00pm <i>Open Gym</i>
		8:45-11am <i>Group Exercise</i>		8:45-11:00am <i>Group Exercise</i>	7:45-11:00am <i>Group Exercise</i>	
	7:45-11:00am <i>Group Exercise</i>		7:45-11am <i>Group Exercise</i>	11:00-12:00pm <i>Open Gym</i>	11:00-12:00pm <i>Pedaling for Parkinson's</i>	
	11:00-12:00pm <i>Pedaling for Parkinson's</i>	11:00-12:00pm <i>Open Gym</i>	11:00-12:00pm <i>Pedaling for Parkinson's</i>	12:00-2:00pm <i>Pickleball (walk-in)</i>	12:15-2:30pm <i>Open Gym</i>	
	12:15-2:30pm <i>Open Gym</i>	12:00-2:00pm <i>Pickleball (walk-in)</i>	12:15-2:30pm <i>Open Gym</i>	2:00-2:30pm <i>Open Gym</i>	2:30-6:00pm* <i>Open Gym (half)</i>	
		2:00-2:30pm <i>Open Gym</i>		2:30-5:15pm <i>Open Gym (half)</i>	6:00-6:45pm* <i>Open Gym</i>	
		2:30-5:15pm <i>Open Gym (half)</i>	2:30-5:00pm <i>Open Gym (half)</i>	5:00-7:00pm <i>Group Exercise</i>	5:15-7:00pm <i>Group Exercise</i>	
		2:30-5:00pm <i>Open Gym (half)</i>	5:15-7:00pm <i>Group Exercise</i>	5:00-7:00pm <i>Group Exercise</i>	5:15-7:00pm <i>Group Exercise</i>	
		2:30-5:00pm <i>Open Gym (half)</i>	5:15-7:00pm <i>Group Exercise</i>	5:00-7:00pm <i>Group Exercise</i>	5:15-7:00pm <i>Group Exercise</i>	
*NOV. 3 <i>GYM CLOSED</i> <i>Spin-a-thon event</i> <i>Join the Fun!</i> <i>Registration required.</i>	5:00-8:00pm <i>Group Exercise</i>	7:00-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>	7:00-7:45pm <i>Open Gym</i>	*NOV. 15, & 22 4:45-6:45pm <i>GYM CLOSED</i> <i>Youth Basketball games</i> <i>(pre-registration required)</i>	

Schedule subject to change. All other times are open for basketball.

statelineymca.org/schedules