



SPLASH + DASH



ADULT RACE
July 28, 2024

6:30AM Start Time

16 YRS +: 500 YD SWIM + 3.1 MILE RUN



SPLASH INTO THE SPIRIT OF THE OLYMPICS WITH THE STATELINE FAMILY YMCA SPLASH AND DASH!

SWIM 500 YD. + RUN 3.1 MILES

Dive into the excitement and energy of the Olympics with the Stateline Family YMCA Splash and Dash event! This thrilling experience is a fantastic way to combine the joy of swimming and running in a fun and supportive environment. Whether you are a seasoned athlete or just looking to try something new, the Splash and Dash is the perfect opportunity to challenge yourself and have a great time doing it. Join us for an unforgettable day of fitness, camaraderie, and celebration at the Stateline Family YMCA Splash and Dash!

www.statelineymca.org/splash